

Luxury Wellness & Yoga



Superior Services & Personal Experiences

## SPECIAL YOGA & BODY WORK CLASSES

Indulge in a unique experience with the most innovative Somatic Techniques to relax and energize your body, mind and spirit. Try also our:

*Water Yoga Classes:* ideal for hot summer days and for those who enjoy low impact exercise

*Face Yoga Classes:* exercises, massages and stretches to keep your face looking toned, young and healthy

*60 min 80,00€ - 90 min 120,00€*

## BRING THE SPA TO YOUR OWN VILLA WITH... HALF DAY DOUBLE D RITUAL FOR COUPLES

In the company of Diana & Diana you will be pampered with the best Yoga Activities and SPA Treatments

Choose from our Body Work Classes and our Wellness Treatments to create your personalized ritual.  
A customized experience just for you

If your Villa provides sauna and/or swimming pool we can create a specific plan using all the amenities available

*3/4 hrs Prices on request*



## OUR EXCLUSIVE WELLNESS TREATMENTS

### 'OLIVE' RELAXING MASSAGE

A restorative approach characterized by smooth, flowing strokes from head to toes fostering relaxation and diminishing stress. For deep body and mind release

*60 min € 180,00 - 90min € 230,00*

### 'LEMON' SWEDISH MASSAGE

A combined approach of mixed techniques to calm the nervous system, improve blood circulation, and release muscle tension creating a full body calming and balancing effect

*60 min € 180,00 - 90min € 230,00*

### 'RED GRAPE' DEEPTISSUE MASSAGE

To treat specific areas of tension in the body. Slow, forceful strokes that help release knots and strains in the deeper layers of muscle and connective tissue

*60 min € 180,00 - 90min € 230,00*



LUXURY SERVICES AND WELLNESS TREATMENTS  
IN THE COMFORT OF YOUR OWN VILLA

*We are, Diana & Diana, professional therapists with years of experience in wellness and holistic services.*

*Double D was born from the passion and desire of the founders to provide exceptional personalized moments during your holiday on Lake Garda.*

CONTACT US  
DOUBLE D

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